

## **Bar Harbor Age-Friendly Committee**

**May 19, 2021**

### **Zoom Meeting**

Present: Teresa Wagner, Jan Varnum, Doreen Willett, Allie Nolan, Susanne Hopkins

Doreen Willett, Chair, called the meeting to order at 3:00 PM. She stated that we could meet in person next month, but masks are required. All agreed. A good quote was shared: "You can do anything, but you can't do everything!"

Doreen asked for approval of the minutes from Apr. 21. Susanne moved that we approve, Terry seconded, and minutes were approved. The finance report required no action.

Discussion centered on the resource guide. Some general agreements were made, including the inclusion of exercise classes. Only general information would be included, since they would likely change often. The Parkinson's class needs inclusion. The volunteerism section needs some work. We are viewing this as a "living document," expecting it to change and be updated.

We discussed the email address that is to be used for this Committee. Doreen will check on this, as there was confusion. It should also be placed on the Town website and in the minutes.

We still have the need for more committee members. Each committee member should seek out potential members and notify Doreen if someone applies. We also need to be more public about the work we are doing.

Doreen suggested that a Volunteer Guide might be another good resource, since there are so many opportunities here on Mt. Desert Island. Perhaps a group of volunteers could put this together. Doreen will do some research on this idea and check with the non-profit alliance group.

#### Action items:

Doreen - check with Nova, Hammonds

Jan - check with Nancy H.

Allie - check with Dottie R., Dee S., Susan S.

Susanne - poster to share

Doreen - check on email address, arrange next meeting

Everyone - email check-in to let others know when you will work on document to prevent over-writes

The next meeting will be in person in the conference room at the Municipal Bldg. on June 16 at 3:00 PM.

Allie moved to adjourn the meeting at 4:00 PM; Susanne seconded. Unanimous.

Respectfully submitted,

Jan Varnum  
Secretary